Dear Friends,

We saw an increase in our services in 2018, and we were able to offer new services. Your support helps us to continue this work.

Our 24/7 response to the UVA Emergency Department increased in 2018. We provided 106 accompaniment services as compared to 82 in 2017. We believe this upsurge is due to the growing awareness of the need for medical care after an assault and the increased identification of assaults. Studies show that advocacy and support improve a survivor’s response to trauma and promote healing. We know that our presence at this critical time helps.

We attended 27 multi-disciplinary team meetings in 2018. These team meetings allow us to interact with other community professionals as cases of child abuse and neglect are shared and resources are identified to help support these children in our community. Multi-disciplinary teams are determined by jurisdiction. For SARA, this means we attend meetings in the City of Charlottesville as well as the five counties that we serve (Albemarle, Fluvanna, Greene, Louisa, and Nelson).

We were also excited to begin training with some of our local police departments to help first-line officers increase their trauma response to victims of sexual violence. We trained 79 officers in 2018 and have been pleased to learn of specific cases where they used our information in response to survivors.

Your support helps us to do this and much more in support of our community needs. Thank you for helping us continue to offer hope and healing.

Sincerely,

Rebecca Weybright
Executive Director
Eliminating sexual violence and its impacts in our communities.

**Current Staff**
Rebecca Weybright, Executive Director
Sheri Owen, Community Outreach Director
Laurie Jean Seaman, Prevention Director
Amanda Trent, Clinical Director
Naila Baloch, Therapist
Marni Barish, Clinical Child Advocate
Rebekah Coble, Prevention Training Specialist
Lindsay Delite, Therapist
Megan Gaspar, Grants Administrator
Gleibys Gonzalez Lopez, Direct Services Advocate
Lexie Groves, Crisis Services Coordinator
Karmen Matusek, Prevention Educator
Jennifer McKeever, Administrative Coordinator
Bass Wolf, Philanthropy Coordinator

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Sarah Feero

**Nursing Interns, UVA**
Michael Swanberg, Faculty
William Burris, Fall 2018
Taylah Macphail, Spring 2019
Selma Raphael, Spring 2019
Summer Rice, Spring 2019
Samantha Tran, Fall 2018
2018 Statistics
July 1, 2017—June 30, 2018

individuals served  
308

adults served  
246

children served  
62

total hours of services provided  
3494

calls to emergency department  
106

hotline and crisis calls*  
175

individuals reached through outreach  
11,739

community engagement events  
302

hours of training for allied professionals  
710

*We also received 65 hotline calls and 127 program calls through the Virginia Family Violence and Sexual Assault Hotline.
Healing is a Journey.

Direct Services and Advocacy
Providing trauma-informed services and individualized advocacy for survivors. Services are available, free of charge, to anyone who has personally experienced, or cares for someone who has experienced sexual violence.

Medical Accompaniment
To Forensic Exams at University of Virginia Emergency Department and the Elson Student Health Center at the University of Virginia

Legal System Advocacy
Accompaniment Services for Civil and Criminal Cases
Assistance Filing Protective Orders
Assistance Filing for Victim’s Compensation
Law Enforcement Interview Advocacy and Accompaniment
Information about Victim Rights
Prosecution Interview Advocacy and Accompaniment

Trauma-Informed Therapy
Ecotherapy: Nature-based Therapeutic Interventions
Eye Movement Desensitization and Reprocessing (EMDR)
Guided Imagery with Music
Internal Family Systems (IFS)
Mindfulness-based Interventions
Support Groups including Dialectic Behavior Therapy (DBT)
Therapeutic Horse and Farm Camp for Young Girls

Other Services
Services for Family and Friends of Survivors
We provide healing resources and trauma-informed services to survivors of sexual assault and abuse.

24-Hour Crisis Hotline

**Services Provided to Hotline Callers**
- Counseling and Emotional Support
- Criminal Justice Information
- Crisis Intervention
- Emergency Housing Referrals
- Information about Victim Rights
- Safety Planning, including Legal Protections

**Common Referrals**
- Legal Services
- Medical and Mental Health Care
- Mental Health Services
- Social Services
- Another Sexual Assault Agency
  or Domestic Violence Agency

157 out of 175 callers took a brief satisfaction survey

98% callers said they received information they were looking for

98% callers reported the information and support they received was helpful
Community Outreach

Our community outreach efforts focus on increasing community awareness about sexual violence related issues, healing resources available to survivors, and agency-specific services.

What kept us busy this year?

107 educational programs
54 community coordinated response meetings
48 trainings for 1546 allied professionals
15 trainings with law enforcement officers

Media Coverage

print media 11
television appearances 13
radio appearances 27
Eliminating sexual violence by preventing it.

Prevention programs aim to prevent individuals from becoming a perpetrator of sexual violence by engaging the whole community in preventing sexual violence, increase the likelihood that bystanders will intervene to prevent sexual assault before it starts, increasing empathy and decreasing objectification, decreasing rigid gender norms, and improving community-wide responses to sexual harassment.

Helping the community set healthy norms around consent and relationships

Tailored Services

Parent Workshops
Long-term Consulting for Schools
Training for Faculty and Other Professional
Green Dot Bystander Intervention Program
Multi-Session Classroom-Based Learning, grades 6-12
Teen Peer Education and Activism Clubs
Anti-Oppression Learning Groups
Character-building programs for Coaches and Athletes
Safe Church
new program highlight

"My vision is to see the shame around sexual abuse lifted, and for the church to be in front of and not behind this transformation."

A Survivor

1 in 4 girls
1 in 6 boys

We know that 85% – 90% of sexual abuse occurs within the child’s “safe world” — home, school, church, sports, scouting and other approved activities.

Too often, “Church” and “Sexual Abuse” are paired in the news due to criminal activity rather than effective prevention work. Originating in Lancaster, Pennsylvania, at the Samaritan Counseling Center, Safe Church now has national reach.

Safe Church is a movement of people of faith who don’t want the church to be silent about child sexual abuse. People from all faith and religious backgrounds can join together to form “Core Groups” to participate in this year’s Safe Church program. SARA will provide 6 trainings over the course of the coming year, to give participants in-depth knowledge about how to identify, respond to, report, and prevent child abuse.
Financial Statement
Based on audited financial statement for the fiscal year ending on June 30, 2018.

Philanthropy is essential to the Sexual Assault Resource Agency. Our services and programs are sustained by generous contributions of time, energy, and donations, both monetary and in-kind.

Revenue

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>State Grants from Government Agencies</td>
<td>67%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>19%</td>
</tr>
<tr>
<td>Local Grants from Government Agencies &amp; the University of Virginia</td>
<td>7%</td>
</tr>
<tr>
<td>Miscellaneous &amp; Investment Income</td>
<td>5%</td>
</tr>
<tr>
<td>Other Grants</td>
<td>2%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$890,803</strong></td>
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</tbody>
</table>

Expenses

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Personnel</td>
<td>85%</td>
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<tr>
<td>Building, Maintenance, and Equipment</td>
<td>7%</td>
</tr>
<tr>
<td>Supplies &amp; Outreach Materials</td>
<td>2%</td>
</tr>
<tr>
<td>Professional Fees</td>
<td>2%</td>
</tr>
<tr>
<td>Fundraising &amp; Special Events</td>
<td>2%</td>
</tr>
<tr>
<td>Insurance</td>
<td>1%</td>
</tr>
<tr>
<td>Other</td>
<td>1%</td>
</tr>
<tr>
<td>Statewide Hotline</td>
<td>&lt;1%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$886,242</strong></td>
</tr>
</tbody>
</table>
2018 Contributors

The following alphabetical lists reflect contributions during the Fiscal Year July 1, 2017—June 30, 2018. Thank you for continuing to support our work and the healing journeys of survivors in our communities. We sincerely apologize for any errors or omissions. Please call (434) 295-7273 ext 123 or email bass@saracville.org with any corrections.

Lifetime Advocates

*Lifetime Advocates* recognizes donors who have made cumulative, unrestricted gifts to the Sexual Assault Resource Agency of $25,000 or more over their lifetime. They are vital supporters of survivors in our communities and loyal advocates to the work that we do at SARA.

- Batten Family Fund in CACF
- Ada and Edward Harvey
- Deborah Healey and Margaret Mohrmann
- Oakwood Foundation Charitable Trust
- Perry Foundation, Inc.

Allies

We sincerely thank donors who directly supported the Sexual Assault Resource Agency with gifts of $500 or more during the 2017-2018 fiscal year. We are grateful for their support providing healing resources to survivors, education to our communities, and advocacy for the work that we do.

- 100+ Women Who Care Charlottesville
- James Amato
- Anonymous (2)
- April Base Fund of the Eau Claire Community Foundation
- Joseph and Jenny Arcidicono
- Arnold F. Baggins Foundation
- Bane Foundation
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- Vitreus Foundation
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Grants and Local Funding

We are also grateful for the support we receive through grants and local funding.

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County of Albemarle
County of Fluvanna
County of Nelson
University of Virginia Fund
Virginia Department of Criminal Justice Services, Sexual Assault Grant Program
Virginia Department of Criminal Justice Services, Sexual Assault Services Program
Virginia Department of Criminal Justice Services, Victim Fund
Virginia Department of Criminal Justice Services, VSTOP Violence Against Women Act
Virginia Department of Health, Rape Prevention Education
Virginia Department of Social Services

In-Kind Support

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Sasha and Jafer Patterson
Melissa Kennedy Jurick
Integral Yoga
Frank and Sue Friedman
Esther Outlaw
Ellen MacAvoy
Alan and Sharon Culbertson
Thank you for your support.
Envision our communities free from sexual violence.