

Impact Report

Fiscal Year 2018

SARA

The Sexual Assault Resource Agency

VOICES OF HOPE AND HEALING



Dear Friends,

We saw an increase in our services in 2018, and we were able to offer new services. Your support helps us to continue this work.

Our 24/7 response to the UVA Emergency Department increased in 2018. We provided 106 accompaniment services as compared to 82 in 2017. We believe this upsurge is due to the growing awareness of the need for medical care after an assault and the increased identification of assaults. Studies show that advocacy and support improve a survivor's response to trauma and promote healing. We know that our presence at this critical time helps.

We attended 27 multi-disciplinary team meetings in 2018. These team meetings allow us to interact with other community professionals as cases of child abuse and neglect are shared and resources are identified to help support these children in our community. Multi-disciplinary teams are determined by jurisdiction. For SARA, this means we attend meetings in the City of Charlottesville as well as the five counties that we serve (Albemarle, Fluvanna, Greene, Louisa, and Nelson).

We were also excited to begin training with some of our local police departments to help first-line officers increase their trauma response to victims of sexual violence. We trained 79 officers in 2018 and have been pleased to learn of specific cases where they used our information in response to survivors.

Your support helps us to do this and much more in support of our community needs.
Thank you for helping us continue to offer hope and healing.

Sincerely,

Rebecca Weybright
Executive Director



Executive Director, Rebecca Weybright with Board President, Amanda Litchfield



Eliminating sexual violence and its impacts in our communities.

Current Staff

Rebecca Weybright, Executive Director
Sheri Owen, Community Outreach Director
Laurie Jean Seaman, Prevention Director
Amanda Trent, Clinical Director
Naila Baloch, Therapist
Marni Barish, Clinical Child Advocate
Rebekah Coble, Prevention Training Specialist
Lindsay Detlie, Therapist
Megan Gaspar, Grants Administrator
Gleibys Gonzalez Lopez, Direct Services Advocate
Lexie Groves, Crisis Services Coordinator
Karmen Matusek, Prevention Educator
Jennifer McKeever, Administrative Coordinator
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Nursing Interns, UVA

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William Burris, Fall 2018
Taylah Macphail, Spring 2019
Selma Raphael, Spring 2019
Summer Rice, Spring 2019
Samantha Tran, Fall 2018

2018 Statistics

July 1, 2017—June 30, 2018

individuals served

308

adults served

246

children served

62

total hours of
services provided

3494

calls to emergency
department

106

hotline and
crisis calls*

175

individuals reached
through outreach

11,739

community
engagement events

302

hours of training for
allied professionals

710



Healing is a Journey.

Direct Services and Advocacy

Providing trauma-informed services and individualized advocacy for survivors.
Services are available, free of charge, to anyone who has personally experienced, or cares for someone who has experienced sexual violence.

Medical Accompaniment

To Forensic Exams at University of Virginia Emergency Department
and the Elson Student Health Center at the University of Virginia

Legal System Advocacy

Accompaniment Services for Civil and Criminal Cases
Assistance Filing Protective Orders
Assistance Filing for Victim's Compensation
Law Enforcement Interview Advocacy and Accompaniment
Information about Victim Rights
Prosecution Interview Advocacy and Accompaniment

Trauma-Informed Therapy

Ecotherapy: Nature-based Therapeutic Interventions
Eye Movement Desensitization and Reprocessing (EMDR)
Guided Imagery with Music
Internal Family Systems (IFS)
Mindfulness-based Interventions
Support Groups including Dialectic Behavior Therapy (DBT)
Therapeutic Horse and Farm Camp for Young Girls

Other Services

Services for Family and Friends of Survivors



We provide healing resources and trauma-informed services to survivors of sexual assault and abuse.

24-Hour Crisis Hotline



Services Provided to Hotline Callers

- Counseling and Emotional Support
- Criminal Justice Information
- Crisis Intervention
- Emergency Housing Referrals
- Information about Victim Rights
- Safety Planning, including Legal Protections

Common Referrals

- Legal Services
- Medical and Mental Health Care
- Mental Health Services
- Social Services
- Another Sexual Assault Agency
or Domestic Violence Agency

157 out of 175 callers took a brief satisfaction survey

98% callers said they received information they were looking for

98% callers reported the information and support they received was helpful

Community Outreach

Our community outreach efforts focus on increasing community awareness about sexual violence related issues, healing resources available to survivors, and agency-specific services.

What kept us busy this year?

107 educational programs

54 community coordinated response meetings

48 trainings for 1546 allied professionals

15 trainings with law enforcement officers



Sheri Owen, Outreach Director
talks about SARA services in the
community and effects of #metoo.
With Charlottesville Radio Group.

Media Coverage

print media

11

television appearances

13

radio appearances

27

Eliminating sexual violence by preventing it.

Prevention programs aim to prevent individuals from becoming a perpetrator of sexual violence by engaging the whole community in preventing sexual violence, increase the likelihood that bystanders will intervene to prevent sexual assault before it starts,

increasing empathy and decreasing objectification,

decreasing rigid gender norms, and
improving community-wide responses to sexual harassment.



Helping the community set healthy norms
around consent and relationships

Tailored Services

- Parent Workshops
- Long-term Consulting for Schools
- Training for Faculty and Other Professional
- Green Dot Bystander Intervention Program
- Multi-Session Classroom-Based Learning, grades 6-12
- Teen Peer Education and Activism Clubs
- Anti-Oppression Learning Groups
- Character-building programs for Coaches and Athletes



Safe Church

new program highlight

"My vision is to see the **shame** around sexual abuse **lifted**, and for the **church** to be in front of and not behind this **transformation**."

A Survivor



1 in 4 girls



1 in 6 boys

We know that 85% – 90% of sexual abuse occurs within the child's "safe world" – home, school, church, sports, scouting and other approved activities.

Too often, "Church" and "Sexual Abuse" are paired in the news due to criminal activity rather than effective prevention work. Originating in Lancaster, Pennsylvania, at the Samaritan Counseling Center, Safe Church now has national reach.

Safe Church is a movement of people of faith who don't want the church to be silent about child sexual abuse. People from all faith and religious backgrounds can join together to form "Core Groups" to participate in this year's Safe Church program. SARA will provide 6 trainings over the course of the coming year, to give participants in-depth knowledge about how to identify, respond to, report, and prevent child abuse.



Philanthropy is essential to the Sexual Assault Resource Agency. Our services and programs are sustained by generous contributions of time, energy, and donations, both monetary and in-kind.

Revenue

State Grants from Government Agencies	67%
Fundraising	19%
Local Grants from Government Agencies & the University of Virginia	7%
Miscellaneous & Investment Income	5%
Other Grants	2%
Total	\$890,803

Expenses

Personnel	85%
Building, Maintenance, and Equipment	7%
Supplies & Outreach Materials	2%
Professional Fees	2%
Fundraising & Special Events	2%
Insurance	1%
Other	1%
Statewide Hotline	<1%
Total	\$886,242

2018 Contributors

The following alphabetical lists reflect contributions during the Fiscal Year July 1, 2017—June 30, 2018. Thank you for continuing to support our work and the healing journeys of survivors in our communities. We sincerely apologize for any errors or omissions. Please call (434) 295-7273 ext 123 or email bass@saracville.org with any corrections.

Lifetime Advocates

Lifetime Advocates recognizes donors who have made cumulative, unrestricted gifts to the Sexual Assault Resource Agency of \$25,000 or more over their lifetime. They are vital supporters of survivors in our communities and loyal advocates to the work that we do at SARA.

Batten Family Fund in CACF
Ada and Edward Harvey
Deborah Healey and Margaret Mohrmann
Oakwood Foundation Charitable Trust
Perry Foundation, Inc.

Allies

We sincerely thank donors who directly supported the Sexual Assault Resource Agency with gifts of \$500 or more during the 2017-2018 fiscal year. We are grateful for their support providing healing resources to survivors, education to our communities, and advocacy for the work that we do.

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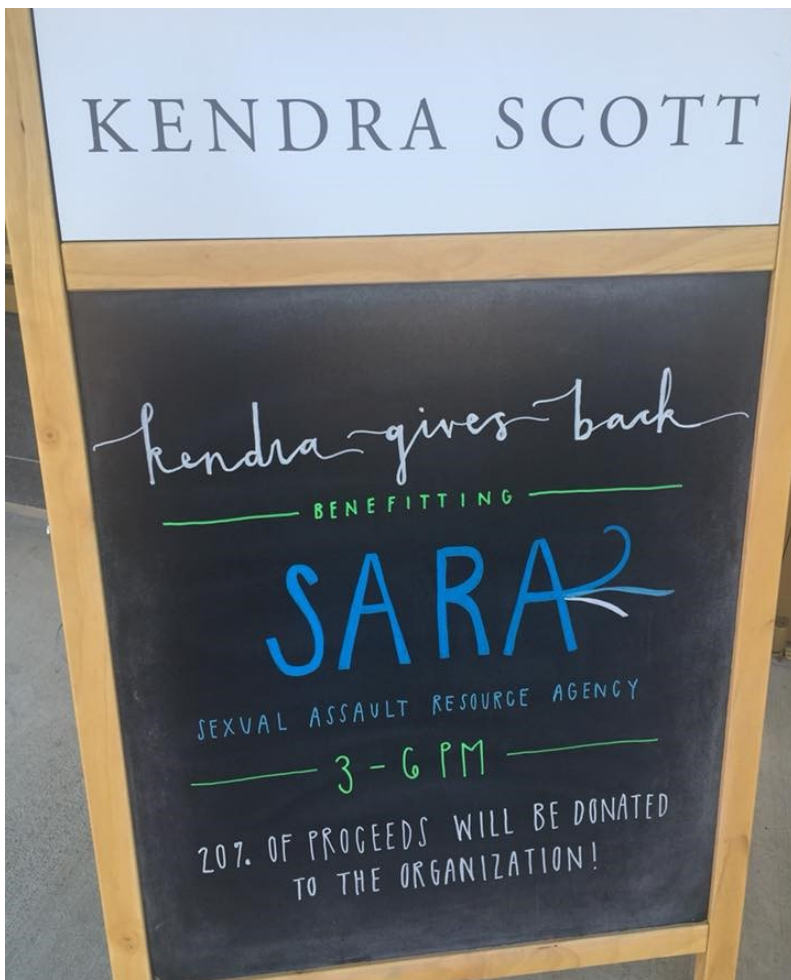
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Integral Yoga
Frank and Sue Friedman
Esther Outlaw
Ellen MacAvoy
Alan and Sharon Culbertson



Thank you for your support.





The Sexual Assault Resource Agency

VOICES OF HOPE AND HEALING

335 Greenbrier Drive, Suite 102

Charlottesville, VA 22901

A photograph of a long, grey concrete wall covered in colorful graffiti. The graffiti includes various tags and larger pieces, such as a prominent red and white piece in the lower left. The wall is outdoors, with a brick path and trees visible in the background.

Envision our communities free
from sexual violence.

Sexual Assault Resource Agency
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