



The Sexual Assault Resource Agency

VOICES OF HOPE AND HEALING

### Walk a Mile in Her Shoes

The Men's March to Stop Rape, Sexual Assault & Gender Violence  
benefiting **The Sexual Assault Resource Agency**



Name \_\_\_\_\_

Team Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Please make checks payable to The Sexual Assault Resource Agency.  
Contributions are tax deductible. Please present this form and all  
donations when you register on the day of the event.  
Don't forget your shoes!

Sponsor's name Check	Address	City	Zip	Donation Amount	Cash

See back for extended donation records

**Total Amount Raised \$** \_\_\_\_\_

Return this form with enclosed donations to the registration table between 1:00-1:30 pm Sunday April 18<sup>th</sup>.

For information or to register contact: [walk@SARAcville.org](mailto:walk@SARAcville.org)

The Sexual Assault Resource Agency, P.O. Box 1565, Charlottesville VA 22902, (434) 295-7273

**WAIVER:** I hereby release The Sexual Assault Resource Agency and all municipal agencies whose property and/or personnel are used and other sponsoring or co-sponsoring agencies or individuals from responsibility for injuries or damages I may suffer as a result of my participation in the walk. I hereby permit the use of my name and image in broadcasts, telecasts, newspapers, and the materials, the Sexual Assault Resource Agency etc. IF PARTICIPANT IS UNDER AGE 18: This certifies that my son/daughter has my permission to participate in the walk and event officials have my permission to authorize emergency medical treatment if necessary.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent or Legal Guardian, if under 18)

Sponsor's name Check	Address	City	Zip	Donation Amount	Cash

**Total Amount Raised \$\_\_\_\_\_**

### Tips on Raising Pledges

Help raise funds to stop sexual violence by collecting donations from family, friends, and co-workers. With your help SARA will continue to provide services to prevent sexual violence and serve survivors of sexual assault.

#### Here are some tips to get you started...

- Sponsor yourself! Make your contribution the first on the pledge form.
- Collect your pledges at the time your donor agrees to contribute.
- Ask one person each day to sponsor you.
- E-mail your friends and family, asking them to sponsor you.
- Double your dollars: Ask your company about their matching gift program.
- Print out extra brochures to give to friends and family.

#### Get Creative!

- Offer to dress up in return for a larger pledge (ex: paint your toenails, wear a crazy hat, etc.). Remember, there is a prize for the most spirited marcher.

#### Create excitement and build team spirit while you fundraise!

- Award a prize to the individual/department that raises the most money.
- Host a pizza party.
- If a work team, offer a half-day off to the biggest team fundraiser.
- Or, auction off a reserved/priority parking spot.
- Challenge each team member with goals and give everyone something to shoot for!

#### Hold intra-team pledge competitions...

- Department vs. department
- Teachers vs. students
- Class vs. class

#### And some other (non-pledge) ideas to raise funds for SARA...

- Have a casual day at work with employees paying \$5 to wear jeans
- Collect change in jugs and compete with different departments for the most money raised.